

# CHELTENHAM COMMUNITY CENTRE COURSE & ACTIVITY GUIDE



JANUARY TO JUNE 2026

# ABOUT CHELTENHAM COMMUNITY CENTRE (CCC)

Cheltenham Community Centre is a non-profit organisation dedicated to empowering individuals and enriching our community through diverse services, learning opportunities, and resources. With over 1000 weekly participants, CCC offers programs in adult education, childcare, health and wellness, a netball club, and a welcoming community café.

Supported by organisations including ACFE, DFFH, DJSIR, and the City of Kingston, CCC is also a leading provider of the Adult Migrant English Program (AMEP). Collaborating with local agencies and educational institutions, we ensure high-quality programs in a comfortable, engaging environment.

Our experienced team and volunteer Board of Governance are dedicated to inclusivity and warmly welcome applications from students with specific needs and disabilities. We tailor our approach to suit individual learning styles and offer a variety of assessment methods to ensure all students are supported to reach their potential and feel connected to their community. For more information, contact us at 9583 0095.

## Volunteering at Cheltenham Community Centre (CCC)

Become a valued part of CCC and help strengthen our community! As a volunteer, you'll enrich the lives of others through a variety of programs and services.

### Why Volunteer with CCC?

- Make an impact: Your contributions directly benefit local individuals and families.
- Develop skills: Gain experience in a supportive environment.
- Build connections: Meet like-minded people and form lasting friendships.
- Grow personally: Experience the joy of making a positive difference.

### Volunteer Opportunities:

Support adult education, customer service, café service, school holiday programs, computer classes, childcare, administration, and more.

### Ready to Join?

Contact us to make a difference!

Email [kimw@chelt.com.au](mailto:kimw@chelt.com.au) | Phone 9583 0095

# COMMUNITY CAFÉ AT CCC

Café is open during school terms, Monday to Friday, 10am - 2pm and during school holidays, Monday to Friday, 10am - 12pm

The CCC Community Café is a welcoming place for everyone! Offering a tasty selection of affordable snacks, light meals, and beverages prepared fresh by our friendly staff and volunteers, it's the perfect spot to relax, catch up with friends, or make new connections. Our café also provides hands-on hospitality training for volunteers, offering valuable experience in a supportive environment. Stop by, enjoy a coffee, and be part of the CCC community spirit!

### Social activities in the cafe

During school term time come and join us for:

Chatty Café Wednesdays and Thursdays, 10:30am - 11:30am

French Lounge

First Thursday of the month, 10:45am-11:15am

Tea & Talk Chinese Group

First Thursday of the month, 1pm-3pm

Bingo Bonanza

First Wednesday of the month, 1:15pm-2pm

### Contact Us

Cheltenham Community Centre

8 Chesterville Road Cheltenham Vic 3192

CCC is a Registered Training Organisation

RTO No. 6507 | ABN 89 194 090 141 | Inc. No. A0024484L

[www.chelt.com.au](http://www.chelt.com.au) | (03) 9583 0095

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### Our Supporters



 PharmaSave Charman Road Pharmacy

## CCC EARLY LEARNING CHILDCARE

Open Monday to Friday 8.30am to 4pm offering fulltime, part-time and casual care with a minimum of 3.5 hours per day.

48 weeks a year, (closed public holidays, Cup Eve & 4 weeks Christmas/New Year). CCS available to eligible families.

At Cheltenham Community Centre Childcare, our Multi-Age Play & Discovery program brings children aged 6 months to 5 years together in one warm, family-like environment. This mixed-age approach allows little ones to learn from older peers, older children to develop leadership and empathy, and everyone to enjoy a strong sense of belonging.

Children aged 2-5 also take part in gently structured experiences that build confidence, communication, early literacy and school-readiness skills, all while staying true to our play-based, EYLF-guided philosophy. Core elements such as Jolly Phonics, sustainability, diversity and inclusion are woven into our weekly planning.

Throughout the week, children enjoy Yoga, Ball Skills, and a variety of engaging activities designed to support their physical, social, and emotional development. Our caring, qualified educators create a safe, nurturing space where every child can learn, grow, and thrive.

Our activities run across the week to give children a rich and varied experience:

*Hourly Rate\*: \$19 permanent places or \$25 for casual places  
\*Before Government Childcare Subsidy if eligible.*



## HOLIDAY ACTIVITIES

Join our exciting two-week Holiday Activity Program each school break! Children enjoy a safe, fun-filled experience with daily themed activities, including movie sessions, arts and crafts, sports, games, cultural exploration, science adventures, and music and dance.

For more details, contact us on 9583 0095.

**January 12th – January 27th**

**April 7th – April 17th**

**June 29th – July 10th**

**September 21st – October 2nd**

### Holiday Activity Program Terms & Conditions

*The program operates from 8:45 am to 4:15 pm. Parents or guardians must arrive by 4:15 pm for pick-up; late fees apply and are due at collection. Bookings are non-refundable unless rebooked by another party.*

## CELEBRATIONS

Join us to celebrate the following events taking place at CCC.

**Cultural Diversity Week: 17th – 23rd March**

**AGM: 25th March**

**Neighbourhood House Week: 12th – 18th May**

**Volunteering Week: 18th – 24th May**

### Join our Mailing List

*Sign up to our mailing list to be kept up to date with new courses, activities and events offered throughout the year. You can sign up at [www.chelt.com.au](http://www.chelt.com.au) or using the QR code*



## NETBALL



### CCC Bolts Netball Club

Join a great community grassroots netball club to make new friends while getting fit and having fun.

**Season 1: February – June 2026**

**Season 2: July – November 2026**

Games are played at:  
Kingston and Districts Netball Association (KDNA)  
Dales Park - South Oakleigh, and/or  
Springvale and Districts Netball Association (SDNA)  
Rowan Road - Dingley

Weekly training sessions are conducted at various local school netball courts.

*Please see [www.chelt.com.au](http://www.chelt.com.au) for more information.*

Sponsored by:

elevennorth

Proudly partnered with  
**Westfield**  
Southland



## FunNet

**Beginner netball for 7-9 year-olds at Kilbreda College netball courts.**

Enjoy an engaging introduction to essential netball skills, encompassing teamwork, footwork, and ball handling. Led by the dynamic players and coaches of CCC Bolts Netball Club, this program is the perfect stepping stone for those looking to embrace team sports or prepare for joining a team.

**Monday 4:15pm-5pm**

Term 1 (2 February – 30 March, 8 weeks) \$56

Term 2 (20 April – 22 June, 8 weeks) \$56

*Book and pay online  
at [www.chelt.com.au](http://www.chelt.com.au)*



# ADULT EDUCATION

## Learn English for free

The Adult Migrant English Program (AMEP) provides free English language classes to migrants to help them settle and participate in the Australian community.

Government changes have improved the AMEP:

- ✓ Migrants can now stay in the program longer and the previous 510-hour cap has been removed
- ✓ People who were previously not eligible (including previous students) may now be eligible
- ✓ Free Childcare is available while you are studying

### 免费学习英语

新 / 舊移民英語課程 ( AMEP ) 為從海外到移民到澳洲人士提供免費的英語語言課程，幫助他們安頓生活及了解澳大利亞社區。

政府的变化改善了 AMEP :

- 移民現在可以在該計劃中停留更長時間，並且之前的 510 小時上限已被取消
- 以前不符合資格的人 ( 包括以前的學生 ) 現在可以進行符合條件的檢查
- 於上課時段提供免費托兒服務

成人移民英語課程 ( AMEP ) 是由 澳大利亞政府 內政事務部 全費 資助



The Adult Migrant English Program (AMEP) is funded by the Department of Home Affairs.

## Certificate Courses



有四個證書課程可供選擇。

**22637VIC - Course in English as an Additional Language**

**22638VIC - Certificate I in English as an Additional Language (Access)**

**22639VIC - Certificate II in English as an Additional Language (Access)**

**22640VIC - Certificate III in English as an Additional Language (Access)**

有關每門課程的更多詳細信息 和資格，請訪問我們的網站 [www.chelt.com.au/learn-english](http://www.chelt.com.au/learn-english)

## Pre-Accredited Courses



### JOB READY SKILLS

#### Literacy for Living - Level 1 (\*\$60 Per Term)

Empower your daily interactions with practical skills for today's world.

This course helps you be better at reading, writing, communication, and digital literacy, enabling you to understand online content, stay informed, and express personal needs.

#### Digital Workplace Skills (\*20 Per Term)

This course equips you with practical, hands-on training for today's modern office. Learn essential skills such as creating presentations in PowerPoint, managing data in Excel, writing professional emails, preparing business documents, using Zoom, setting reminders, managing schedules, and participating in simulated meetings.

Plus, explore how AI tools can enhance your productivity, streamline tasks, and support your daily office workflow—giving you the edge in a tech-driven workplace.

### ALL-ABILITIES

#### Pathways for All-Abilities

These programs are designed for adults with intellectual disabilities and focuses on students building new and existing life skills, community participation, making friends and most importantly having fun!

Depending on the students interests and priorities, the programs offer a range of practical activities, such as cooking, computers and technology, art, money management, social skills, self-care and support with employment and volunteer related goals.

#### Social Skills (\*\$170 Per Term)

#### Computer Wise (\*\$70 Per Term)

#### Cooking (\*\$190 Per Term)

#### Money Matters (\*\$70 Per Term)

This course is designed to help those with a mild intellectual disability to improve numeracy skills, with a particular focus on money handling. Class content includes budgeting and saving, denominations, giving change and comparing prices.

#### Literacy for Living - Level 2 (\*\$70 Per Term)

This program is a life education program for adults with a mild intellectual disability covering literacy, numeracy and social interaction. Class content focuses on employability skills, social etiquette, personal development and self-responsibility.

## DIGITAL SKILLS

### Introduction to Computers (\*Free)

Thursdays 12:30pm-3:30pm (8-week course)

This course covers the fundamentals of using a desktop or laptop computer, from basic operations to essential programs and internet skills. If you've felt intimidated by computers or only know how to do one or two specific tasks, this course builds your understanding and confidence from scratch.

### Computers Next Step (\*Free)

Fridays 1pm-4pm (8-week course)

This course builds on basic computer skills to give you deeper knowledge of Microsoft's productivity tools and workplace-focused computer skills. Designed for people who are comfortable with computer basics but want to become more capable and efficient with the programs used in most offices.

### iPads, Tablets & Phones (\*Free)

Tuesdays 9:30am-12:30pm (8-week course)

Fridays 9:30am-12:30pm (8-week course)

This course teaches you how to confidently use your tablet or smartphone for everyday tasks and staying connected. Whether you have an iPad, Android tablet, iPhone, or Android phone, we'll help you understand and use the features you have in your pocket.

### MS Outlook, Email, Word & Excel (\*\$20 Per Term)

Mondays 10am-2pm (8-week course)

Boost your digital skills with hands-on training in Microsoft Outlook, Email, Word, and Excel! This course is perfect for adult learners looking to upskill or reskill, giving you the practical know-how to thrive in today's digital workplace.

### Digital & Workplace English Skills (\*Free)

Learners develop essential language for emails, forms, basic computer use, conversations at work, and navigating common online tasks.

## ENGLISH LANGUAGE SKILLS

### Everyday Conversations (\*\$55 Per Term)

3 Levels available -

Beginner, Intermediate and Advanced

This "English as an Additional Language" (EAL) Conversation class offers a fun and friendly way to improve everyday English listening and speaking skills. Small group discussions have different themes/topics each week including Australian idioms, slang, culture and grammar. Learn everyday English in a relaxed atmosphere.

### Grammar, Conversation & Writing (\*\$90 Per Term)

3 Levels available

This course builds English language skills in grammar, conversation and writing. It provides hands-on, practical activities to improve English in a wide variety of everyday situations.

### Easy English - Pre-Beginners Level (\*\$55 Per Term)

A gentle introduction to English for learners with little or no prior experience. The class focuses on simple words, everyday phrases, and building confidence through step-by-step activities that support absolute.

# HEALTH & WELLBEING

Term 1 - Wednesday 28th January to Thursday 2nd April | Term 2 - Monday 20th April to Friday 26th June

## Adult Health & Wellbeing

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Zumba Gold®</b> Cheltenham Hall \$12 per class if booked for the term \$15 casual	10:30am-11:30am				10am-11am
<b>Fit &amp; Feisty</b> Referral through BHN* \$5 per class	10:30am-11:30am				1pm-3pm
<b>Hatha Yoga*</b> \$17 per session if booked for the term \$19 casual	6:15pm-7:15pm				
<b>Advanced Yoga*</b> \$19 per session if booked for the term \$23 casual	7:30pm-8:45pm				
<b>Pickleball</b> \$10 per session		10am - 11am Beginners 11am - 12pm Social Group			
<b>Pickleball Fun &amp; Fit (Term 1 only)</b> \$10 per session				6pm-7pm	
<b>STEADYstrength*</b> <b>STEADYstrength &amp; Balance*</b> Referral through STEADYphysio		10am-10:45am 10am - 11:15am			
<b>STEADYtone*</b> <b>STEADYmoves* fall prevention group</b> Referral through STEADYphysio		11:30am-12:15pm 11:30am-1:15pm			
<b>STEADYbalance*</b> <b>STEADYrehab*</b> Referral through STEADYphysio		12:15pm - 1:15pm 12:15pm-1:15pm			
<b>Pilates</b> \$16 per session if booked for the term \$18 casual		5:15pm-6pm			
<b>Qigong</b> \$13 per session if booked for the term \$15 casual		2pm-3pm		9:30am-10:30am Face-to-face & ZOOM	
<b>Love to Live</b> \$12 casual			12noon-12:45pm		
<b>Keep Active</b> \$16 casual					10am-10:50am
<b>STEADYmoves* fall prevention group</b> Referral through STEADYphysio					11am-12:40pm

## Adult Creative

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Art for All</b> \$24 per session + \$25 materials per term		9:30am-11:30am			
<b>Mosaic for All</b> \$30 + materials to be paid separately				9:15am-11:45am	

## Youth

Interested in our new youth programs? Contact us for info and registration.

**Barista Training Workshops**  
Youth workshop: barista training with real skills for work and life.

**NextGen Creative Studio**  
Make art, make friends—social art group for young adults 18-25.

YOUTH PROGRAMS



## Children

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Music for Tots Playgroup</b> \$7 per child/\$10 per family	9:30am-10:30am		9:30am-10:30am		
<b>Music &amp; Play for Bubs</b> \$7 per child			11:30am-12:30pm		

\*Can be claimed on Private Health Insurance | STEADYphysio 03 9888 9611 | BHN - Better Health Network 03 9581 8585  
Closed on Monday 9th March & Monday 8th June

\*Prices may vary based on eligibility. Contact our centre for more details.